

Make the most of your visit with the doctor or nurse...

A free booklet that helps
you, your doctor, nurse
and pharmacist work in
partnership to achieve
better health.



The Benefits

So how can this booklet support you?

For Clinicians:

- Patients could come better prepared for appointments
- Patients will engage in guided conversation with you
- Patients would be able to speak freely with you
- You will be able to share decisions about their treatment with patients
- These will enable you to lay the foundations for more harmonious future appointments

For Patients:

- It will guide you to prepare for your appointments with clinicians
- It could guide you to develop your own medical notes
- It could guide you to do health self-assessments
- It will guide you to develop questions to ask during the consultation
- You will be able to make decisions about your treatment with your clinician
- You will be able to note down what you agree with your clinician
- It will guide you to report back to clinician during the next appointment
- It could lay the foundations to develop a harmonious future relationship with your clinician

